

What To Bring

- Bible
- Sleeping bag (or sheets & blanket)
- Pillow
- Towel
- Clothing (please make sure it is modest and appropriate)-
 - Plan on it being cold at night
 - Comfortable shoes
- Sunscreen & Bug Repellent
- Snacks - (optional) *we will also be providing snacks*
- Plastic bag for dirty/wet clothing
- Toiletries (soap, toothbrush/paste, etc)
- Reusable Water Bottle
- Flashlight
- Camera (Optional)
- Phone (Optional)- If phone is brought it must be kept in students bags while at retreat and only used in case of emergency.
- Money (Optional)- There is a soda/snack vending machines. Bring \$1 bills.

What Not To Bring

- Weapons of any kind (no pocket knives)
- Electronic devices (only cameras that are only cameras are allowed)
- Tobacco, alcohol or illicit drugs or OTC drugs
- Immodest clothing (see above).
- Valuable items such as jewelry